

ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
JERK STEWED BEEF SEC	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✔
GRAINS N GREENS SEC	✗	✔ Wheat	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Broccoli Fresh SEC	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Crown Loaf SEC	✗	✔ Wheat	✗	✔	✗	✗	✗	✗	✗	✔	✔ Almonds ✔ Brazil Nuts ✔ Cashew Nuts ✔ Hazelnuts ✔ Macadamia Nuts ✔ Pecan Nuts ✔ Pistachio Nuts ✔ Walnuts	✔	✗	✗
ASSORTED JACKET POTATOES SECONDARY	✗	✗	✗	✔	✔	✗	✔	✗	✔	✗	✗	✗	✗	✔
ASSORTED SANDWICHES SEC	✔	✔ Barley ✔ Wheat	✗	✔	✔	✗	✔	✗	✔	✗	✗	✔	✔	✔
ASSORTED SALADS SECONDARY	✔	✔ Barley ✔ Kamut ✔ Oats ✔ Rye ✔ Spelt ✔ Wheat	✗	✔	✔	✗	✔	✗	✔	✗	✗	✔	✔	✔

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Pulled BBQ Chicken Mac N Cheese	✗	✔ Wheat	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✔	✗
Cajun Vegetable and Bean Burrito SEC	✔	✔ Wheat	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗
CRUNCHY SALAD SEC	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗

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TRATTORIA MUSHROOM & SWEETCORN PIZZA SEC	✗	✓ Barley ✓ Oats ✓ Rye ✓ Spelt ✓ Wheat	✗	✓	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗
CHEESY PENNE PASTA SEC	✗	✓ Wheat	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✓	✗
TRATTORIA 14 MARGHERITA STONE BAKE PIZZA	✗	✓ Barley ✓ Oats ✓ Rye ✓ Spelt ✓ Wheat	✗	✓	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗

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YOGHURT	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗
Seasonal Fresh Fruit Cups	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Assorted Homebakes Secondary	✗	✓ Oats ✓ Wheat	✗	✓	✗	✗	✓	✗	✗	✗	✗	✓	✗	✓

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Assorted salad accompaniment SEC	✗	<ul style="list-style-type: none"> ✓ Barley ✓ Kamut ✓ Oats ✓ Rye ✓ Spelt ✓ Wheat 	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗

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